

# STUDY PLAN FOR STATE POLICE LIEUTENANTS

## 61 days to promotion!

*Attorney John Sofis Scheft & Law Enforcement Dimensions, LLC*

### Important information. Read carefully!

- You have probably already been studying hard but, just in case, this chart assumes that a candidate has not studied anything! So all sources of exam questions are included in these 61 final days!
- The times presented for completion of the tasks are estimated, so are the number of practice questions relevant to each subject. *(So don't read anything into it if a task says 3 hours, but it takes you 2 or 4 hours. Or it says 300 questions and it's actually 230 or 325 questions!)*
- This chart assumes — for maximum study efficiency and effectiveness — that you have (or will get when it's available) all the LED audio classes; the LED law Q book on criminal procedure; the LED state police lieutenant Q book; and an up-to-date copy of the State Police policy and procedure manual and EES manual.
- You are basically performing three study actions — (1) listening to audio lectures and studying the accompanying manual or text; (2) performing practice questions and then looking up the answers of the ones you got wrong; or (3) reading in your policy manual.

Week	Dates	Preparation
1	Jan. 31 – February 6	<ul style="list-style-type: none"> <li>• <b>Assignment</b> <ul style="list-style-type: none"> <li>✓ Listen to Chapters 1-6 of Criminal Procedure. 5 hours.</li> <li>✓ Listen to Organizational Behavior &amp; Management (OBM) audio class. 7 hours. <i>Make your listening count! You are <u>the</u> expert on OBM!</i></li> <li>✓ <i>If you have time:</i> Read these selected policies in your Policy Manual ADM 07, 11, 11A, 11B, 11C, 14, 15, 18* (an asterisk is for a critical policy), 25, 34A, 35*, 46, 47*, 49. DET 02, 03, 06*, 07*, 08. GEN 01, 01A, 08. 3.5 hours. <i>This is really boring but important, so read 3 policies per day for 7 days! Tough week of listening and work!</i></li> </ul> </li> </ul>
2	February 7 – 13	<ul style="list-style-type: none"> <li>• <b>Assignment</b> <ul style="list-style-type: none"> <li>✓ Listen to Chapters 7-12 of Criminal Procedure. 5 hours.</li> <li>✓ Listen to National Incident Management System (NIMS) audio class. 3 hours. <i>Underrated difficulty! Lots of terminology.</i></li> <li>✓ Perform 300 questions in Criminal Procedure Q Book on Chapters 1-6. 3 hours.</li> <li>✓ <i>If you have time:</i> Read in your Policy Manual INV 02, 05, 10, 11*, 14, 15, 17, 19*. SOC 04, 04A*, 05, 07B*. 2.5 hours. <i>Remember, 3 policies per day for 4 days!</i></li> </ul> </li> </ul>

- 3** February 14 – 20
- **Question manual to order at [www.ledimensions.com](http://www.ledimensions.com)**  
**Lieutenant Leverage Q Book!** Complete coverage with questions on the revised Policy & Procedure, Rules & Regulations, CBA, EES, NIMS, OBM, Leaders Eat Last, Reducing Crime. Over 1,800 questions!
  - **Assignment**
    - ✓ Listen to EES, CBA, and Rules & Regulations. 4 hours *that will seem like a fentanyl-infused sleigh ride!*
    - ✓ Perform 270 practice questions in OBM. 5 hours. *Look up the questions you got wrong. Come up with other questions “in the neighborhood” when you look at the answers in the book. This helps you master the material! This book is your rank-maker!*
    - ✓ Perform 300 questions in Criminal Procedure Q on Chapters 7-12. 3 hours.
    - ✓ *If you have time:* Read in your Policy Manual SUP 03, 12. TOP 01, 13. TRF 04\*, 04A, 10\*, 11, 20\*. [No TRN deliberately] UOF 01\*, 02, 06\*. 2.5 hours. *Only 2 policies per day for 6 days.*
- 4** February 21 – 27
- **Final Audio Class on Policy & Procedure! Download at [www.audios.ledimensions.com](http://www.audios.ledimensions.com)**
  - **Assignment**
    - ✓ Listen to Chapters 13-17 in Criminal Procedure. 7 hours.
    - ✓ Listen to Reducing Crime audio class. 6 hours. *What a great book! You can learn a lot.*
    - ✓ Perform 300 practice questions on CBA, EES, and R&R from your LQ. 4 hours. *Tough week of work! How bad do you want it? [I can’t hear you . . . !]*
- 5** Feb. 28 – March 6
- **Assignment**
    - ✓ Listen to Chapters 18-25 in Criminal Procedure. 7 hours.
    - ✓ Quiz yourself on PANDA, VOLTAGE, VIPER, GOALS, OILRIG in Reducing Crime: LED Cheat Sheet! 1 hour.
    - ✓ Perform 300 practice questions in Criminal Procedure Q on Chapters 13-17. 3 hours.
    - ✓ *Not as challenging a week. If you have time, catch up . . . or maybe go back over EES, CBA, and R&R for maximum confidence!*
- 6** March 7 – 13
- **Assignment**
    - ✓ Listen to ADM audio class. 5 hours *of spine-tingling adventure! Never do more than 1 hour of policy listening per day. It’s a violation of the 8<sup>th</sup> Amendment!*
    - ✓ Perform 100 practice questions on Reducing Crime from your LQ. 3 hours. *Look up the questions you got wrong. Come up with other questions when you look in the book. Do you love this book? . . . Now drop and give me 20!*
    - ✓ Perform 300 practice questions in Criminal Procedure Q on Chapters 18-25. 3 hours. *By the way, not as challenging a week, so . . . if you have time, catch up . . . or maybe go back over some of the audio class on OBM!*

- 7**      **March**  
**14 – 20**
- **Assignment**
    - ✓ Listen to Leaders Eat Last audio class. 4 hours.
    - ✓ Listen to GEN and DET audio classes. 2 hours *of massive entertainment! Remember the 1 hour rule!*
    - ✓ Perform 135 practice questions on NIMS from your LQ. 3 hours. *Rip it up! Know NIMS like the back of your hand!*
    - ✓ Perform 300 ADM practice questions from your LQ. 4 hours. *This is the tough test this week!*
- 8**      **March**  
**21 – 27**
- **Assignment**
    - ✓ Listen to INV, SOC, SUP, and TOP audio classes. 4.5 hours *of classic drama and comedy!*
    - ✓ Go over the Leaders Eat Last *at-a-glance* 4 page document. 1 hour.
    - ✓ Perform 60 practice questions on Leaders Eat Last from your LQ. 1.5 hours.
    - ✓ Perform final 200 ADM practice questions from your LQ. 3 hours.
    - ✓ Perform 280 DET, GEN, and INV practice questions from your LQ. 4.5 hours. *Lots of practice questions to get you in the zone!*
- 9**      **March 28 –**  
**April 2**
- **Assignment**
    - ✓ Listen to TRF, TRN, and UOF audio classes. 5 hours *of unparalleled excitement! Are still abiding by the 1 hour rule?*
    - ✓ Perform 500 SOC, SUP, TOP, TRF, TRN, and UOF practice questions from your LQ. 6 hours. *Again, don't blow out. Do an hour and a half a day of practice questions! Look up the ones you miss. This is great preparation! At most, add another 4 hours during these earlier days this week if you really feel you need to go over some other material.*
    - ✓ Absolutely no studying at all on April 1. *You are ready to ascend to the rank of Lieutenant . . .*
  - **GAME DAY! April 2, 2022 at the State Police Academy.**

***Luck is the residue of desire and preparation . . .***